

Ready, Set, Goal!

Name: _____

Date: _____

Set a Goal

Task: Stack as many cups as possible without touching them, using only rubber bands and string.

Write a group goal for this task. Make sure it is specific, challenging, and doable in 10 minutes.

Make a Plan

Actions: What actions will your group take to reach your goal?

Materials: What materials will you need?

Supports: What can you do if you need support?



Name: _____

Date: _____

Check Your Progress

1. How close are you to reaching your goal? Shade in the bar below to show your progress.

OF OPT	Less than halfway	Halfway	More than halfway	Goal
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- 2. Look at the actions in your plan. Have you done everything you said you would do? Explain your answer.
- 3. Have you hit any roadblocks? If yes, what are they?
- 4. What changes will you make, and why?

Reflect

- 5. What worked?
- 6. What didn't work?
- 7. What could you do next time?