

Date: _____

Directions:

- Read each story below and choose one to role-play.
- Decide who is Partner A and who is Partner B:

How to Rethink

- Partner A is the person in the story.
- Partner B is the friend who asks questions to help them rethink. Start the role-play by asking your partner, "What's wrong?" or "Are you okay?"

SCENARIO 1

Kasim stands in front of the class nervously. It's his turn to read his poem aloud. He reads the first line, "In spring, the birds sing." Then he stops. His hands are shaking. He tries to read the next line, but his voice starts to shake too.

He stands there, frozen. Everyone stares and waits for him to finish his poem. He tells himself, "They're going to make fun of me forever!"

SCENARIO 3

Daniel stays up late watching a scary movie. He's not allowed to, but his friends have seen it and he doesn't want to feel left out. When the movie's over, Daniel goes to bed, but he can't fall asleep.

He hears a creak from the other room. Daniel feels terrified. He tells himself, "I'll never be able to sleep again."

SCENARIO 2

Mira decides to join the basketball team. After a few weeks of practice she feels excited and ready for her first game. The game starts and a teammate passes her the ball. She dribbles down the court and thinks, "This is my chance to score for my team!" She aims, she shoots, and the ball swooshes through the net!

Mira turns around to see her teammates looking shocked. She just scored a basket for the other team! She feels so embarrassed she wants to crawl under the bleachers and hide.



Name: _____